

# Dear Work by Sara Ross

**Dear Work** by Sara Ross is a memoir about the challenges women face in the workplace. Ross, a former Wall Street executive, shares her experiences and insights into the pressures of corporate life and the importance of finding fulfillment outside of work.

## Key Topics

- **Work-Life Balance:** Ross discusses the challenges of balancing work and personal life, particularly for women who often bear the brunt of domestic responsibilities.
- **The Corporate Culture:** Ross provides a candid account of the corporate culture, including the demands of long hours, the pressure to succeed, and the challenges of navigating a male-dominated environment.
- **Finding Fulfillment:** The book explores the importance of finding fulfillment outside of work and the benefits of pursuing passions and hobbies.
- **Empowering Women:** Ross encourages women to empower themselves and advocate for change within the workplace.

## Review and Criticism

**Dear Work** has received positive reviews from readers and critics alike. Many praise Ross's honest and insightful exploration of the challenges women face in the workplace. However, some critics argue that the book's focus on personal experiences may not be representative of all women's experiences.

**Changemakers' Insights:** **Dear Work** can offer valuable insights for changemakers who are working to create more equitable and inclusive workplaces. Ross's memoir highlights the importance of work-life balance, the need for greater flexibility, and the power of women's voices in driving change.