

# How to Be Human: Consciousness, Language and 48 More Things that Make You You- Published by New Scientist

How to Be Human is a captivating and informative read that is a perfect starting point for anyone curious about the science behind what makes us human. The book explores the biology of a human being, like the nervous system and the workings of the brain. It also dives into the complexities of the mind including consciousness, memory, and language. It discusses unique behaviors, from blushing to love, and what it means to be human.

## **Insights for Change Makers**

The book serves as a simple but engaging introduction to biology and science. It broadly explores what makes us human.

Changemakers can use it as a blueprint to understand human behaviors like blushing or forgetting things and fundamental concepts like life, death, and consciousness.

## **Reviews and Criticism**

The book is considered to be interesting and well illustrated, full of information in bite-sized chunks. It reads like a very well written introductory textbook, full of facts but not stagnant in any way. However, the information is only introductory and might not be of much use to people who are well versed in biology.

Credits- Goodreads

Also used for reference- [Gemini AI](#)

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