

# Mindset: The New Psychology of Success by Carol S. Dweck

'Mindset' discusses the power of a growth mindset to achieve success. People with a growth mindset believe that their intelligence and talents can be learnt and developed. Often, people see their abilities as 'fixed' and this stops them from improving themselves. However, if you work hard and keep the right attitude, you can achieve more than if you think you're doomed to be at a particular skill level forever.

## **Insights for Change Makers**

The book helps people who feel stuck or limited to improve their motivation and resilience.

Changemakers can use this to motivate themselves and others and to foster a growth mindset within their organizations.

## **Reviews and Criticism**

The book offers practical strategies for cultivating a growth mindset like praising effort, embracing challenges etc. It also discusses the impact of this mindset on groups and cultures, allowing for a wider application of its suggestions.

Yet, some readers find the book to be repetitive and full of endless diatribe.

Credits- Goodreads

Also used for reference- [Gemini AI](#)

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