

# Range: Why Generalists Triumph in a Specialized World by David Epstein

'Range' shows that early specialization is the exception, not the norm. Generalists often find their path late, and they juggle many interests rather than focusing on one. They're also more creative, more agile, and able to make connections their more specialized peers can't see. Specialization leads to narrowmindedness, and David Epstein challenges the conventional wisdom that early specialization is the key to achievement. Through captivating stories of athletes, artists, scientists, and more, Epstein argues that developing a broad range of skills and experiences is actually more helpful in today's changing world.

## **Insights for Change Makers**

For changemakers, the book encourages a broader perspective on issues. It also encourages personal versatility and putting your eggs in several baskets. The world of social change is evolving. The book's message of embracing a growth mindset and being comfortable with ambiguity can help changemakers adapt to new challenges.

## Reviews and Criticism

While the book is a rewarding read with a solid concept, it falls prey to the very thing it challenges. It is a vague and repetitive, becoming quite the vindictive read for some readers.

Credits- Goodreads

Also used for reference- [Gemini AI](#)

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